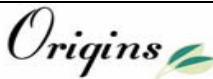














# Legacy Christian West Campus Lunch Menu

## Week of **May 3-7, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Corn Dog on a Stick  Corn	Popcorn Chicken (15)  Oven Fries	Taco Salad Taco Meat Crisp Mixed Greens Tortilla Shell Rounds Warm Baked Apple Slices	Three Chicken Tenders  Au Gratin Potatoes	Sloppy Joe Scoops (Sloppy Joe Meat with Tortilla Chips)  Baked Beans
 Fresh Homemade Pizza	Bosco Breadsticks with Sauce	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza
 Fresh Made Sub Sandwiches		8" Ham and Cheese Sub		8" Turkey and Cheese Sub	
 All Sandwiches are served on Whole Wheat Buns	Grilled Chicken Parmesan Sandwich	Bacon Cheeseburger	Hot & Spicy Chicken Sandwich	 Chicken Patty on a Whole Wheat Bun Mixed Vegetables Applesauce & Low Fat Milk	Fish Sandwich
 QUICK CUISINE Grab It and Go!	Bagel and Yogurt Lunch (comes with Cream Cheese & Jelly, Carrot & Celery sticks)	Chef Salad	Strawberry Yogurt Parfait	Chef Salad	Fried Chicken Salad
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

## Week of **May 10-14, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Two Hot Dogs  Chili & Cheese  Green Beans	Popcorn Chicken (15)  Oven Fries	Breakfast Bar! (4) French Toast Sticks Sausage Patty (2) Tater Tots	Buffalo Chicken Tenders (3)  Mashed Potatoes And Gravy	 Oriental Bar  Sweet & Sour Breaded Chicken, White Rice, Broccoli, Fresh Orange and Low Fat Milk
 Fresh Homemade Pizza	Bosco Breadsticks with Sauce	Ham and Cheese Stromboli w/ Pizza Dipping Sauce	Meat Lovers or Cheese Pizza	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza
 Fresh Made Sub Sandwiches		8" Turkey and Cheese Sub		8" Ham and Cheese Sub	
 All Sandwiches are served on Whole Wheat Buns	Grilled Chicken Sandwich	Mini Corn Dog Nuggets (6)	Hot & Spicy Chicken Sandwich	Chicken Patty Sandwich	Double Cheeseburger
 QUICK CUISINE Grab It and Go!	Bagel and Yogurt Lunch (comes with Cream Cheese & Jelly, Carrot & Celery sticks)	Turkey Club Salad	Mandarin Oranges and Yogurt Parfait	Turkey Club Salad	Fried Chicken Salad
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

Lunches include fruit, vegetable, and choice of low-fat milk. Menus are Subject to Change without Notice.

All Lunches Available for \$2.50

Reduced Price \$.40

A la Carte Milk is \$.45

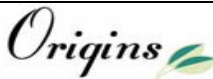




**All Meals are Available for Free and Reduced Students**

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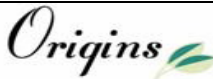




**All Prairie Farms milk comes from cows not treated with artificial growth hormones.**

# Legacy Christian West Campus Lunch Menu

## Week of **May 17-21, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Chicken & Cheese Quesadilla Served with salsa  Spanish Rice	Popcorn Chicken (15)  Oven Fries	Beef & Cheese Nachos with Shredded Lettuce  Golden Corn	Spaghetti with Meat Sauce  Soft Breadstick California Blend	Mashed Potato Bowl (Chicken, Corn, Cheese and Gravy)  Dinner Roll
 Fresh Homemade Pizza	Bosco Breadsticks with Sauce	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza	Homemade French Bread Pizza	Pepperoni or Cheese Pizza
 Fresh Made Sub Sandwiches		8" Ham and Cheese Sub		8" Turkey and Cheese Sub	
 All Sandwiches are served on Whole Wheat Buns	Grilled Chicken Parmesan Sandwich	Bacon Cheeseburger	Hot & Spicy Chicken Sandwich	Chicken Patty Sandwich	Double Cheeseburger
 QUICK CUISINE Grab It and Go!	Fried Chicken Salad	Turkey Club Salad	Blueberry and Yogurt Parfait	Turkey Club Salad	Fried Chicken Salad
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

## Week of **May 24-28, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Mini Cheeseburgers  Green Beans	Popcorn Chicken (15)  Oven Fries	Baked Macaroni & Cheese California Blend Vegetables Apple Cranberry Crisp	Sloppy Joe on Bun (2)  Corn	Breakfast Bar! (4) French Toast Sticks Sausage Patty(2) Tater Tots
 Fresh Homemade Pizza	Bosco Breadsticks with Sauce	Three Cheese Calzone with Pizza Dipping Sauce	Meat Lovers or Cheese Pizza	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza
 Fresh Made Sub Sandwiches		8" Roast Beef and Swiss Cheese Sub		8" Ham and Cheese Sub	
 All Sandwiches are served on Whole Wheat Buns	Grilled Chicken Sandwich	Mini Corn Dog Nuggets (6)	Hot & Spicy Chicken Sandwich	Chicken Patty Sandwich	Double Cheeseburger
 QUICK CUISINE Grab It and Go!	Bagel and Yogurt Lunch (comes with Cream Cheese & Jelly, Carrot & Celery sticks)	Turkey Club Salad	Strawberry and Yogurt Parfait	Turkey Club Salad	Fried Chicken Salad
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

Lunches include fruit, vegetable, and choice of low-fat milk. Menus are Subject to Change without Notice.

All Lunches Available for \$2.50

Reduced Price \$.40

A la Carte Milk is \$.45

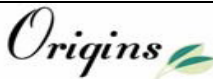





**All Meals are Available for Free and Reduced Students**

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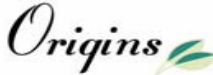




**All Prairie Farms milk comes from cows not treated with artificial growth hormones.**

# Legacy Christian West Campus Lunch Menu

## Week of **May 31- June 4, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Memorial Day No School!!	Popcorn Chicken (15)  Oven Fries	Taco Salad Taco Meat Crisp Mixed Greens Tortilla Shell Rounds Warm Baked Apple Slices	Three Chicken Tenders  Au Gratin Potatoes	Sloppy Joe Scoops (Sloppy Joe Meat with Tortilla Chips)  Baked Beans
 Fresh Homemade Pizza		Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza	Pepperoni or Cheese Pizza	Meat Lovers or Cheese Pizza
 Fresh Made Sub Sandwiches		8" Ham and Cheese Sub		8" Turkey and Cheese Sub	
 All Sandwiches are served on Whole Wheat Buns		Bacon Cheeseburger	Hot & Spicy Chicken Sandwich	 Chicken Patty on a Whole Wheat Bun Mixed Vegetables Applesauce & Low Fat Milk	Fish Sandwich
 QUICK CUISINE Grab It and Go!		Chef Salad	Strawberry Yogurt Parfait	Chef Salad	Fried Chicken Salad
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

## Week of **June 7-11, 2010**

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 Featuring American Regional & International Favorites	Two Hot Dogs  Chili & Cheese  Green Beans	No School for the Summer!!!	No School for the Summer!!!	No School for the Summer!!!	No School for the Summer!!!
 Fresh Homemade Pizza	Bosco Breadsticks with Sauce				
 Fresh Made Sub Sandwiches					
 All Sandwiches are served on Whole Wheat Buns	Grilled Chicken Sandwich				
 QUICK CUISINE Grab It and Go!	Bagel and Yogurt Lunch (comes with Cream Cheese & Jelly, Carrot & Celery sticks)				
<b>Accompaniments</b>	Choice of Milk	100% Fruit Juices	Assorted Fresh & Canned Fruit	Fresh & Cooked Veggies	

Lunches include fruit, vegetable, and choice of low-fat milk. Menus are Subject to Change without Notice.

All Lunches Available for \$2.50

Reduced Price \$.40

A la Carte Milk is \$.45

**All Meals are Available for Free and Reduced Students**

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