











Legacy Christian West Campus Lunch Menu

Week of January 30 – February 3, 2012

| Station/ Available Daily | Daily Specials | | | | |
|--|--|--|---|---|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|  Featuring American Regional & International Favorites | Corn Dog on a Stick Baked Beans | Popcorn Chicken (15) Oven Fries | Fresh Taco Salad Seasoned Taco Beef Crisp Mixed Greens Tortilla Shell Rounds | Breaded Chicken Tenders Au Gratin Potatoes | Oriental Bar Sweet & Sour Glazed Chicken White Rice & Broccoli |
|  Fresh Homemade Pizza | Bosco Breadsticks with Sauce | Pepperoni or Cheese Pizza | Hawaiian Ham & Pineapple Pizza | Buffalo Chicken Pizza | Meat Lovers or Cheese Pizza |
|  Fresh Made Sub Sandwiches | Spicy Chicken Wrap | 8" Ham and Cheese Sub | 8" Roast Beef and Swiss Cheese Sub | 8" Turkey and Cheese Sub | Turkey, Ham & Bacon Wrap |
|  All Sandwiches are served on Whole Wheat Buns | Grilled Chicken Sandwich | Bacon Cheeseburger | Hot & Spicy Chicken Sandwich | Chicken Patty on a Whole Wheat Bun | Double Cheeseburger |
|  QUICK CUISINE Grab It and Go! | Low fat Strawberry Yogurt Parfait w/ Granola | Chef Salad | Low fat Strawberry Yogurt Parfait w/ Granola | Chef Salad | Low fat Strawberry Yogurt Parfait w/ Granola |
| Accompaniments | Choice of Milk | 100% Fruit Juices | Assorted Fresh & Canned Fruit | Fresh & Cooked Veggies | |

Week of February 6 – 10, 2012

| Station/ Available Daily | Daily Specials | | | | |
|---|--|---|---|---|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|  Featuring American Regional & International Favorites | Two Hot Dogs Chili & Cheese Oven Fries | Popcorn Chicken (15) Green Beans | Mashed Potato Bowl (Chicken, Corn, Cheese and Gravy) Dinner Roll | Buffalo Chicken Tenders (3) Au Gratin Potatoes | Chicken Alfredo w/ Rotini Noodles Steamed Broccoli |
|  Fresh Homemade Pizza | Bosco Breadsticks with Sauce | Ham and Cheese Stromboli w/ Pizza Dipping Sauce | Meat Lovers or Cheese Pizza | Pepperoni or Cheese Pizza | Mini Pepperoni Pita Pizzas |
|  Fresh Made Sub Sandwiches | Spicy Chicken Wrap | 8" Turkey and Cheese Sub | 8" Roast Beef and Swiss Cheese Sub | 8" Ham and Cheese Sub | Chicken Caesar Wrap |
|  All Sandwiches are served on Whole Wheat Buns | Grilled Chicken Sandwich | Mini Corn Dog Nuggets (6) | Hot & Spicy Chicken Sandwich | Chicken Patty Sandwich | Mushroom & Swiss Hamburger |
|  QUICK CUISINE Grab It and Go! | Low fat Yogurt Parfait w/ Mandarin Oranges & Granola | Crispy Chicken Salad | Low fat Yogurt Parfait w/ Mandarin Oranges & Granola | Crispy Chicken Salad | Low fat Yogurt Parfait w/ Mandarin Oranges & Granola |
| Accompaniments | Choice of Milk | 100% Fruit Juices | Assorted Fresh & Canned Fruit | Fresh & Cooked Veggies | |

Lunches include fruit, vegetable, and choice of low-fat milk. Menus are Subject to Change without Notice.

All Lunches Available for \$2.65

Reduced Price \$.40

A la Carte Milk is \$.45

All Meals are Available for Free and Reduced Students






In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, and Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.






All Prairie Farms milk comes from cows not treated with artificial growth hormones.

Legacy Christian West Campus Lunch Menu

Week of February 13 – 17, 2012

| Station/ Available Daily | Daily Specials | | | | |
|--|--|---|---|--|--------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|  Featuring American Regional & International Favorites | Chicken & Cheese Quesadilla Served with Salsa Spanish Rice | Popcorn Chicken (15) Seasoned Oven Fries | Turkey & Gravy Whipped Mashed Potatoes Golden Corn | Spaghetti with Marinara & Meatballs Soft Dinner Roll California Blend Vegetables | Mid-Winter Break!! |
|  Fresh Homemade Pizza | Bosco Breadsticks with Sauce | Pepperoni or Cheese Pizza | Hawaiian Ham & Pineapple Pizza | Homemade French Bread Pizza | |
|  Fresh Made Sub Sandwiches | 8" Ham and Cheese Sub | Spicy Chicken Wrap | 8" Roast Beef and Swiss Cheese Sub | 8" Turkey and Cheese Sub | |
|  All Sandwiches are served on Whole Wheat Buns | Double Cheese Burger | Bacon Cheeseburger | Hot & Spicy Chicken Sandwich | Chicken Patty Sandwich | |
|  QUICK CUISINE Grab It and Go! | Low fat Blueberry Yogurt Parfait w/ Granola | Turkey Club Salad | Low fat Blueberry Yogurt Parfait w/ Granola | Turkey Club Salad | |
| Accompaniments | Choice of Milk | 100% Fruit Juices | Assorted Fresh & Canned Fruit | Fresh & Cooked Veggies | |

Week of February 20 – 24, 2012

| Station/ Available Daily | Daily Specials | | | | |
|--|--------------------|---|---|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|  Featuring American Regional & International Favorites | Mid-Winter Break!! | Popcorn Chicken (15) Oven Fries | Baked Macaroni & Cheese California Blend Vegetables Apple Cranberry Crisp | Buffalo Chicken Tenders (3) Mashed Potatoes And Gravy | Spaghetti Marinara w/ Meatballs Steamed Broccoli Crunchy Garlic Toast |
|  Fresh Homemade Pizza | | Three Cheese Calzone with Pizza Dipping Sauce | Meat Lovers or Cheese Pizza | Pepperoni or Cheese Pizza | Meat Lovers or Cheese Pizza |
|  Fresh Made Sub Sandwiches | | 8" Roast Beef and Swiss Cheese Sub | 8" Turkey and Cheese Sub | 8" Ham and Cheese Sub | Spicy Chicken Wrap |
|  All Sandwiches are served on Whole Wheat Buns | | Mini Corn Dog Nuggets (6) | Hot & Spicy Chicken Sandwich | Chicken Patty Sandwich | Double Cheeseburger |
|  QUICK CUISINE Grab It and Go! | | Turkey Club Salad | Low fat Strawberry Yogurt Parfait w/ Granola | Turkey Club Salad | Crispy Chicken Salad |
| Accompaniments | Choice of Milk | 100% Fruit Juices | Assorted Fresh & Canned Fruit | Fresh & Cooked Veggies | |

Lunches include fruit, vegetable, and choice of low-fat milk. Menus are Subject to Change without Notice.

All Lunches Available for \$2.65

Reduced Price \$4.00

A la Carte Milk is \$4.45

All Meals are Available for Free and Reduced Students

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